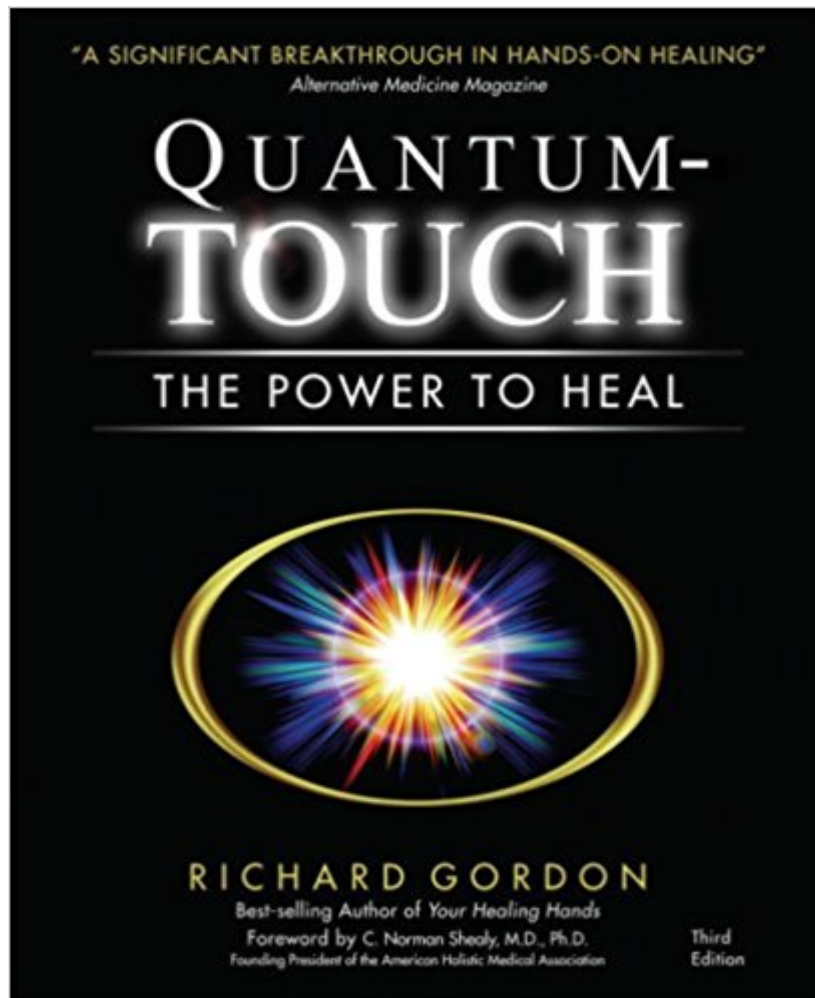




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Quantum-Touch: The Power To Heal (Third Edition)



Synopsis

Quantum-Touch is the touch-based healing technique that uses the chi of both practitioner and client, bringing them into harmony to allow the body to heal itself. Quantum-Touch differs from other healing techniques because it does not require long years of study and presents none of the common hurdles of understanding or application; anyone can learn to use it to become a healer, both of others and of self. In this new edition of his best-selling guide, Richard Gordon leads the reader step by step, clearly explaining how to use breathing and body-focusing techniques to raise one's energy levels. Once that is achieved, the healer can correct posture and alignment, reduce pain and inflammation, help balance emotional distress, and even heal pets. Above all, Quantum-Touch can be used in tandem with all other healing modalities, including Western medicine, and its efficacy has been attested to by physicians, acupuncturists, chiropractors, and other healing professionals.

Book Information

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Customer Reviews

"A significant breakthrough in hands-on healing." [—](#) •Alternative Medicine Magazine

"Quantum-Touch appears to be the first technique that may truly allow us all to become healers."

[—](#) •C. Norman Shealy, M.D., Ph.D., Founding President of the American Holistic Medical Association "Quantum-Touch is a remarkably effective and easily learned method of generating powerful healing energy...I highly recommend this book." [—](#) •Dr. William S. Eidelman

"Quantum-Touch is a powerful hands-on healing technique that can be used effectively by lay

people as well as professionals. I highly recommend it." •Dr. Patricia Warkus "You actually have to see this work to know how good it is. Bones move into alignment with just a light touch, and it speeds up the healing process." •Darla Parr, D.C. "I am thrilled at the simplicity and the effectiveness of this technique. Quantum-Touch is a great awakening." •John Jacob, PhD

Richard Gordon is recognized as one of the pioneers in the field of energy healing. Today, as the founder of Quantum-Touch, Richard is an internationally acclaimed speaker at conferences, medical centers, chiropractic colleges, and holistic health institutes. Mr. Gordon has been on faculty at Heartwood Institute and The Holistic Health Institute.

This book has changed my life. It honestly really works. A friend recommended it when my husband was in the hospital, very critically ill, waiting on a liver transplant. I jumped right in and started doing quantum touch on him as I was reading the book and the results were mind-blowing. I use it now on my dog, who has arthritis. Having this tool at my finger tips (literally) has changed my life.

I practiced an hour session with my husband today who has chronic pain after reading and practicing...and my God, it worked. Was literally buzzing with energy. It was a powerful experience and my husband is pain free. Why we do not practice this as a society and lean on big Pharma instead is nuts.

What a wonderful introduction to this type of energy healing! I bought the book to read in preparation for my first Level 1 course and it really helped me. Richards style of writing extends an open, loving invitation to all walks of life. Through his words, he translates the language and concepts of energy healing so that ANYONE can put the book down and start using the basic principles right away. I initially wanted to learn more about this technique just to help myself. I am a highly sensitive empath, who suffers from constant "psychic sponge" syndrome and have been seeking a way to help shield myself from others emotions and physical ailments. Through this book, he gave me simple, yet profound tools to protect myself and still help others with my gifts. The most significant tool is of all things--- BREATHE! I've always been a shallow breather and after reading this book and attending my first class, I realize that focused, mindful breathing, has been the key thing missing to really doing what I feel I'm here to do! This book cumulates, into one language, all the things I've learned and experienced for 46 years and has given me a path to actually putting it all together to help others. I now realize why most people claiming to be gurus and experts haven't

been right for me -- they do everything but the most important aspect of helping people -- the energy work. When people are empowered like this, they can get unstuck from their current emotional and physical roadblocks to actually experience sustained healing. I'm currently working towards becoming a practitioner. I would love to be able to use this technique someday to help wounded and disabled veterans in recovery. This technique has helped me cope with my own personal mental, physical and spiritual issues and our returning veterans suffer many of the same things. I would recommend this book and techniques to anyone! Great interview with Richard Gordon: [...]

I ordered two copies of this book from the seller, and while the books were labeled "new" and were unused, the pages were yellowed and the books looked like they'd been stored for a long time in a hot place. I would not have bought these two copies if I had been able to see them in advance. I'm still giving it 5 stars because I like the book that much. The book itself is excellent and I have given it away to many people who want to learn how to do what I can do for them. It is amazing what can be done energetically to help heal the body. I did not need to attend a workshop in order to do this successfully, the book was clear enough. I would compare this method to Reiki, except this is much cleaner, stronger, and easier to do. I highly recommend this book.

I went on a business trip and took the book to read during my trip. I read a good part of the book on the flight. When I arrived to my destination, during the 25 minute taxi rides from the hotel to work and back, I started to do some of the exercises and was greatly impressed about the positive effects I began to experience. During the trip. I found that my body is very receptive to quantum touch. The distant healing technique has been very effective. As I began using this technique in parts of my body where I had been experiencing problems such in my stomach, neck, shoulders and back, the improvement that I have seen is absolutely amazing. I have experienced the sensations that Mr. Gordon indicates in the book and, the discomfort or pain has disappeared after a few minutes after beginning the exercise. The techniques are indeed very easy to do and they work! I highly recommend the book. I also purchased and can not wait to read "Supercharging Quantum Touch". I would also recommend the "Quantum Touch" website. They offer DVD's with 2 day workshops for beginners and more advanced people. I wish I would have heard about Quantum Touch many years ago. I feel great.

This book is a must have for all people. It is written in a manner that a person who has never done any type of energy healing at all can quickly understand and put to use the techniques and see

results. Also a person who has worked with energy healing isn't made to feel like they are just reading another 101 book. I personally have been using energy healing for quite some time now, I even found that I already use some of the techniques laid out in the book, but I also learned new things as well. As soon as I was done reading the basic techniques I quickly put them to use to see what type of results I would get much to my delight my results were wonderful. I highly recommend this book to everyone from complete novice to advanced practitioner. I would like to note that one reviewer made negative mention of the terminology used in that the person receiving the healing (the client) is the called the healer. This is not a mistake and the reason that the client is called the healer is because it is taught that the practitioner simply creates an environment that allows the clients body to heal itself at an accelerated rate than it normally would. With this thought the term is completely valid.

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